



### **Fraxel Re:Pair Pre Procedure Instructions**

1. You must not have any tan in the area being treated. This includes a tan from a self-tanning product.
2. You must strictly avoid sun exposure to the area and use a sunscreen for at least 1 month before and 4 months after the procedure. After that time, a sunscreen should always be applied.
3. You should stop taking Aspirin or other pain medication such as Motrin, Celebrex, Aleve, and Ibuprofen, 10 days before the procedure. You may take Tylenol (acetaminophen) for pain at recommended doses only.
4. Supra-Therapeutic doses of Vitamin E and other herbal supplements have been associated with an increased bleeding risk. Please let us know if you are on any herbal or non-prescription supplements. Please refer to our “Decreasing your risk of bruising after cosmetic or surgical procedures” instructions.
5. Use the topical preparation(s) prescribed by the doctor as directed up until the day of the procedure. You will be instructed at your follow-up visit when to resume these topicals.
6. You will begin taking a prescription oral medication, Valtrex, 3 days before the scheduled procedure and will continue the medication for a total of 10 days. This is to prevent the chance of any cold sore (herpes simplex) from developing. If you were not given a prescription at the time of your visit, please call the office at least 1 week prior to your procedure. If a cold sore is present, the procedure must be postponed until completely cleared.
7. You will also be given a prescription for an oral antibiotic which you will begin taking the day of the procedure and continue for a total of 7 days. This is to prevent the chance of a bacterial infection.
8. Unless otherwise discussed, you will be given Demerol and Valium at the time of the procedure to minimize any discomfort. Therefore, you must have someone drive you home. Please eat something prior to coming.
9. When you arrive for your procedure a topical numbing cream will be applied to the skin.
10. Following the procedure you can expect small pin point areas of bleeding which can last up to three days. You will also experience significant swelling and redness which will last at least one week, however, redness may continue for up to 4 weeks. Medrol can be prescribed to lessen your swelling.
11. Your doctor must see you one week after the procedure for a follow up and to determine further management.
12. Payment is due at time of service.