

After Care Instructions

If you have sutures:

1. Keep the area clean and dry today. Leave the bandage on until tomorrow morning.
2. Starting tomorrow, cleanse once a day with hydrogen peroxide and apply a topical antibiotic ointment twice a day such as Neosporin, Polysporin, or Bacitracin, unless you are allergic to these. Continue this care until you come back to the office for your suture removal. You may keep the area covered during the day.
3. Remove the Band-Aid at night starting the second night after your procedure.
4. For any discomfort, you may take Tylenol or Extra-Strength Tylenol. Avoid aspirin products or Ibuprofen unless prescribed by another doctor.
5. Follow up for your scheduled suture removal appointment in _____ days.

If you had a shave removal:

1. Keep the area clean and dry today. Leave the bandage on until tomorrow morning.
2. Starting tomorrow you may get the area wet and use soap and water to clean. Apply a topical antibiotic ointment twice a day, such as Neosporin, Polysporin, or Bacitracin, unless you are allergic to these. Continue this care until the scab falls off and the site is totally healed.
3. For any discomfort, you may take Tylenol or Extra-Strength Tylenol. Avoid aspirin products or Ibuprofen unless prescribed by another doctor.
4. You may keep a Band-Aid on during the day. Remove the Band-Aid at night starting the second night after the procedure.

If you have had liquid nitrogen:

1. It is ok for the area to get wet today. If a water blister forms, cleanse the area with soap and water. You may use a clean needle (cleanse with alcohol), to drain the blister.
2. Apply a topical antibiotic ointment twice a day, such as Neosporin, Polysporin, or Bacitracin, unless you are allergic to these. Continue this care until the area heals.
3. For any discomfort, you may take Tylenol or Extra-Strength Tylenol. Avoid aspirin products or Ibuprofen unless prescribed by another doctor.
4. You may keep a Band-Aid on during the day, and remove at night.