Fraxel Re:Pair Post Procedure Instructions

What you might experience after the procedure:

1. Redness and swelling are common. While swelling may resolve within 1-2 weeks, prolonged redness may last up to 3 months.
2. Exudates/bleeding/crusting. Because the laser beam penetrates into deep dermal layer, clear fluid (exudates) or blood will ooze from the skin for approximately 24 hours. Crusting or scab may occur if exudates or blood dries. Keeping the treated area moist helps prevent crusting and subsequent scarring.
3. Pain may linger after the procedure is completed.
4. Risk of infection from bacterial, viral or fungal agents exists despite our best preventative effort.
5. Itching may occur as part of infection, poor wound healing, contact dermatitis, or normal wound healing process.
6. Flare-up of acne or formation of milia can occur due to use of petroleum after the procedure.

What to do:

1. Let the shower run on your face or treated area at least once a day. .
2. Hand-washing is the most important thing you can do to prevent infection. Wash your hands every time before you touch the treated area.
3. Refer to our "Wound Care Regimen
4. To reduce swelling and for pain relief, you may place ice packs, bags of frozen peas on the treated area for the first 2-3 days. You may also take Tylenol 500 mg, two tablets, every 6 hours not to be exceeded.
5. Keep your head elevated while resting and overnight the first few nights. This helps reduce swelling and promotes healing.
6. Remember to finish all of your oral medication as prescribed (Valtrex and oral antibiotics).
7. Call us if you experience any one of the following:
   - Pain that is not relieved by Tylenol.
   - Excessive redness, swelling, bleeding, and/or scab formation.
   - Excessive itching, especially when accompanied by signs of infection.
   - Signs of infection include: whitish to yellowish film on treated area, with or without foul odor, or a fever of 100°F or above.
   - If there is an emergency, please call 911.

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