



### **Kybella Pre & Post Procedure Instructions**

#### **Pre-Procedure Instructions**

- You may take up to 600 mg of Ibuprofen 30-60 minutes prior to your Kybella treatment to help with pain mitigation.

#### **Post-Procedure Instructions**

- After your Kybella treatment avoid heavy physical activity the remainder of the day.
- Kybella injections commonly cause swelling, bruising, pain, numbness, redness, and areas of hardness in the treatment area. Kybella injections can also cause tingling, nodule, itching, skin tightness, and headache. These side effects typically resolve without treatment and do not commonly result in patients discontinuing treatment.

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