



### **MedLite Post Treatment Instructions-Hyperpigmentation**

**You have been treated with the MedLite Laser. The treated area is very delicate and should be treated with care. Please read and follow these instructions.**

**Precaution before and after your treatment:** Avoid sun exposure to the treated area. A sunscreen of SPF 15 or higher should be applied whenever the treated area is exposed directly to the sun.

#### **Care of the treated area:**

1. Apply ice wrapped in a soft cloth for 10 minutes on and then 10 minutes off, for the first 6 hours.
2. Discomfort or stinging usually lasts no more than 6 hours. Tylenol may be taken, or ice may be applied during this period.
3. Do not rub, scratch, or pick at the treated area. If a scab develops, let the scab fall off on its own (7-10 days).
5. Showering is permitted. Pat the area gently to dry.
6. Avoid sports and swimming for 48 hours after your treatment.

**If you have any questions** regarding your laser treatment please contact our office at 216-464-7333.