

### **Pre Surgery Instructions**

1. No alcohol consumption for 3 days prior to surgery.
2. No aspirin or aspirin-containing medications or ibuprofen-containing medications (i.e. Advil, Nuprin, Motrin) for 10 days before surgery unless prescribed by your doctor.
3. If you are prescribed aspirin, ibuprofen or a blood thinner by your physician, please check with the doctor about stopping the medication prior to surgery.
4. Please advise us if you have any medical condition (i.e. artificial joints, mitral valve prolapse) that require antibiotics pre and/or post surgery.