

CO2RE Intima Pre Procedure Instructions

- You should have an up-to-date normal PAP test and recent normal vaginal exam to ensure that there are no active infections.
- It is recommended that you use Acyclovir or Valcyclovir for prophylaxis prior to treatment.
- Hair should be shaved in the treatment area the day prior to the procedure. The hair should not be waxed or chemically removed.
- Avoid anticoagulants such as aspirin throughout the treatment regimen, if medical condition permits and pertinent to physician approval. Anticoagulants increase the possibility of bruising.

CO2RE Intima Post Procedure Instructions

- After the treatment you may apply a water based lubricant or Aquaphor.
- Gently cleanse the area with mild soap and water twice per day.
- There may be slight itching during the healing process. Apply Hydrocortisone 1% (over the counter) twice daily until resolved.
- Avoid sexual intercourse for 7 days.
- No tampon use for 7 days.
- No tub baths, Jacuzzis, or swimming until skin is completely healed.
- No douching for 7 days.
- There are no restrictions on bathing except to treat the skin gently, avoid scrubbing or trauma to the treated area, as if you had a sunburn.
- Call us immediately at (216) 464-7333 and ask to speak with a member of our clinical staff if you have any concerns.