

Instructions for Female Patients Taking Isotretinoin

Today

- Sign Ipledge consent forms
- Determine two types of birth control you will consistently use over the next 28 weeks
- Provide a negative urine pregnancy test
- Office staff will register you in the Ipledge system. You will receive your ID number and password in the mail before your next visit.
- Schedule next office visit in one month

At Least 30 Days from Today

- Go to a lab of your choice for the first of your monthly bloodwork. This will contain your second negative pregnancy test.
- When we see you in the office at your one month follow up, we will review your bloodwork, confirm you in the Ipledge system, and send in your prescription.
- You will also be required to log into the Ipledge system and answer questions prior to picking up your prescription. You will have one week from the date of your bloodwork to pick up your prescription. *For example, if you have bloodwork done on a Tuesday, you will have until the following Monday to pick up your prescription.*

Monthly

- Go to lab for bloodwork (each time you go for bloodwork, it must be at least 30 days from the date of your last blood draw)
- See provider in office
- Log into Ipledge system and answer questions
- Pick up prescription at pharmacy within a week of having your blood drawn