



MedLite Pre & Post Treatment Instructions-Hyperpigmentation

You have been treated with the MedLite Laser. The treated area is very delicate and should be treated with care. Please read and follow these instructions.

Precaution before and after your treatment: Avoid sun exposure to the treated area. A sunscreen of SPF 15 or higher should be applied whenever the treated area is exposed directly to the sun.

Care of the treated area:

1. Apply ice wrapped in a soft cloth for 10 minutes on and then 10 minutes off, for the first 6 hours.
2. Discomfort or stinging usually lasts no more than 6 hours. Tylenol may be taken, or ice may be applied during this period.
3. Do not rub, scratch, or pick at the treated area. If a scab develops, let the scab fall off on its own (7-10 days).
5. Showering is permitted. Pat the area gently to dry.
6. Avoid sports and swimming for 48 hours after your treatment.

If you have any questions regarding your laser treatment please contact our office at 216-464-7333.