



Pre and Post Procedure Instructions for PRP Scalp Treatment

DIET AND FLUID INTAKE

Increase your fluid intake the day prior to your procedure by drinking 2 glasses of water in the morning, 2 glasses at lunch and 2 glasses at dinner.

On the day of your procedure, continue your extra fluid intake and eat a normal breakfast or lunch.

SHAMPOOING

No hair products(hairspray, mouse, gel) on day of treatment.

Wash your hair the morning of the PRP procedure or at least the day prior to your procedure. Shampoo your hair the following day with gentle shampoo.

HAIR COLORING

It is okay to color your hair up to 3 days prior to the procedure and okay to color your hair 3 days after the procedure.

MEDICATIONS

You may take Tylenol if needed for any pain or discomfort.

Call the office at 216-464-7333 if you have any concerns.