

## Permanent Makeup Pre Procedure Instructions

Please bring eyeglasses if you wear contact lenses to all appointments for brow and eyeliner procedures.

You must wear eyeglasses for 3 days post eyeliner procedures.

Contacts may be worn after 3 days and must be clean or new.

If you have ever had a fever blister, cold sore, shingles, or chicken pox please inform us on your initial consultation. Fever blisters are a very common side effect of a lip procedure.

We recommend that someone drive you home after an eyeliner procedure or you bring sunglasses with you as your eyes may be light sensitive.

Do not book an appointment before any major events, i.e. vacation, social event or wedding.

You may be more sensitive to the procedures if you are menstruating at the time of your procedure.

Do not use a tanning bed and avoid unprotected sun exposure on your face prior to your procedure.

You must discontinue Retin-A or Renova 30 days prior to your procedure.

You may not have Botox or Collagen injections 3 weeks <u>before or after</u> your permanent makeup procedure.

You must not be on Accutane for one year prior to your procedure.

Do not use aspirin or ibuprofen for 7 days prior to the procedure.

Valtrex, an anti-viral prescription medication, will be given to patients having a lip procedure especially if you have ever had a cold sore.

Avoid any alcoholic beverages, Aspirin, or aspirin containing medications such as Niacin, Vitamin E, Ginko Biloba, St. John's Wort and Evening Primrose Oil for a minimum of 48 hours prior to your procedure.

The pigment we use is a medically MRI safe product.

If you have additional questions prior to your procedure, please contact us at 216-464-7333.

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