

PRE & POST PROCEDURE PIGMENT STABILIZING REGIMEN

<u>Hydroquinone 4%</u>

Apply 1 to 2 times per day to area for 4-8 weeks post procedure. (If you have darker skin or pigment easily treat area only 2 weeks prior to procedure)

<u>Hydrocortisone 1%</u>

Apply 1 time per day to area for 1 week only post procedure. (Available without prescription at drug stores)

** Apply sunscreen, preferably a physical block (Zinc, Titanium), of SPF 30 or greater each morning. Re-apply sunscreen every 3-4 hours and wear protective clothing if outdoors, every 2 hours if in water.