

Profound/Body Post Procedure Instructions

1. Wash body(treatment area) with mild cleanser daily and immediately apply petroleum-based ointment (Elta MD Post Procedure Balm, Vaseline, Aquaphor, Vaniply) to specific body area following every washing.
2. Avoid washcloths and harsh cleansers until healed.
3. Keep treated area moist with petrolatum-based ointment **AT ALL TIMES FOR 1 WEEK**, to avoid scab formation.
4. Apply ice packs on the treated areas for about 2 hours after treatment (15 minutes on 15 minutes off), then once every 2-3 hours the rest of treatment day and next day during waking hours.
5. Patients should avoid sun exposure on the treatment area and use a sun screen (SPF 30+) for one month following the procedure.
6. Feel free to call the office at (216) 464-7333 if you have any concerns.
7. Expected downtime: up to 5-7 days.
8. Avoid allowing pets in the bed or near treated area.
9. Wear compression garment for one week post procedure.

Wrinkle and skin laxity improvement will continue for 3 to 6 months following treatment. Clinical literature suggests that the dermal remodeling process following non-ablative RF treatments can continue for up to 6 to 12 months after treatment.