

Profound Post Procedure Instructions

1. Wash face with mild cleanser 4-5 times daily and immediately apply petroleum-based ointment (Elta MD Post Procedure Balm, Vaseline, Aquaphor, Vaniplly) to face following every face washing.
2. Avoid washcloths and harsh cleansers until healed.
3. Keep treated area moist with petrolatum-based ointment **AT ALL TIMES FOR 1 WEEK**, to avoid scab formation.
4. Apply ice packs on the treated areas for about 2 hours after treatment (15 minutes on 15 minutes off), then once every 2-3 hours the rest of treatment day and next day during waking hours.
5. Sleep with head elevated for at least the first three nights to minimize swelling.
6. Patients should avoid sun exposure on the treatment area and use a sun screen (SPF 30+) for one month following the procedure.
7. Feel free to call the office at (216) 464-7333 if you have any concerns.
8. Expected downtime: up to 5-7 days.
9. Change to a clean pillow case every day until healed.
10. Avoid allowing pets in the bed or near treated area.
11. Use only new face make-up after the procedure.

Wrinkle and skin laxity improvement will continue for 3 to 6 months following treatment. Clinical literature suggests that the dermal remodeling process following non-ablative RF treatments can continue for up to 6 to 12 months after treatment.