



### **SculpSure Pre Procedure Instructions**

- No sun exposure 7 days prior to your treatment.
- Remove all creams or oils prior to your treatment.

### **SculpSure Post Procedure Instructions**

- Your skin may be slightly pink to red immediately after treatment. This may last for a few hours.
- Following the SculpSure treatment you may experience some swelling, tenderness, firmness or hardness at the treatment site. This usually resolves within two (2) weeks but may last longer.
- Use a cold compress (ice packs) and/or Tylenol (acetaminophen) to help relieve tenderness.
- Gently massage the area two (2) a day for five to ten (5-10) minutes.
- Resume normal daily activity including light exercise immediately post treatment.
- Increase your water intake after your treatment and perform light physical activity to help mobilize fat via the lymphatic system.
- Call us immediately at (216) 464-7333 and ask to speak with a member of our clinical staff if you have any concerns from your treatment such as increasing tenderness or swelling several days after your treatment or if you develop blisters, hardened areas or nodules.