

ThermiSmoothBody Pre Procedure Instructions

- Advise the patient to avoid anticoagulants such as aspirin throughout the treatment regimen, if medical condition permits and pertinent to physician approval.
- It is recommended that you avoid treatments directly over areas containing injectable fillers and toxins for one month.
- Avoid any prolonged exposure to the sun, if you must be in the sun use a zinc oxide sunscreen of at least SPF 30+.
- Cut, wounded or infected skin should not be treated as this could promote infections and injury.

ThermiSmoothBody Post Procedure Instructions

- You may experience some mild to moderate pink to redness that should subside within 2-4 hours.
- Depending on the area treated you may experience some mild “aching,” similar to a muscle ache after a workout. This should resolve in 2-3 days. If it does not, please contact your provider.
- You may return to your normal daily activities immediately.
- Adequate hydration is encouraged for optimal results of your treatment.
- Use a sun block with an SPF of 30 or greater if going out into the sun to help prevent future sun damage. This treatment does not cause photosensitivity. Soothing, non-irritating creams and moisturizers may be used.
- If you have any questions or concerns regarding any side effects such as: prolonged discomfort or pain, continued redness or skin irritation greater than 6 hours, develop a rash in the area treated, or onset of abnormal bleeding, call us immediately at (216) 464-7333 and ask to speak with a member of our clinical staff.