



Ulthera Pre & Post Procedure Instructions

1. Use topical preparation(s) prescribed by the doctor as directed up until the day of the procedure. You will be instructed at your follow-up visit when to resume these topicals.
2. When you arrive for your procedure a topical numbing cream will be applied to the skin.
3. You will be given Demerol and Valium at the time of the procedure to minimize any discomfort. Therefore, you must have someone drive you home.
4. After the procedure you may have mild redness (similar to sunburn) for a day. Makeup may be worn immediately. You may experience some tenderness in areas treated for up to a week. Occasional small welts may occur. These resolve over 24-48 hours.
5. Payment is due at time of service.
6. You will need a follow-up appointment in 3 months. There is no charge for this appointment.