

### **VBeam Post Procedure Instructions**

1. The treated area is a blue/gray discoloration. This discoloration will last 7-14 days. The treated area is very delicate and should be treated with care.
2. Avoid sun exposure to the lesion. A sunscreen of SPF 30 or higher should be applied whenever exposed directly to the sun.
3. Apply ice wrapped in a soft cloth for 10 minutes on, and then 10 minutes off, for the first 6 hours. For facial swelling, sleep with your head elevated.
4. Discomfort or stinging usually lasts no more than 6 hours. Tylenol may be taken, or ice applied during this period.
5. Do not rub, scratch, or pick at the treated area. If a crust develops, let the crust fall off on its own (7-10 days).
6. Showering is permitted. Gently pat the area to dry.
7. Avoid sports and swimming while the red/gray discoloration is present.
8. If you have any questions regarding your laser treatment, please contact the nurses.